

BEYOND THE CUTTING EDGE

Stephen A. Hubert

You're likely to wonder, "What's a longtime local lawyer doing writing about serious medical problems like Multiple Sclerosis and Parkinson's disease?"

It's because I've had the rare opportunity of taking part in what I unhesitatingly tell everyone is nothing less than a miracle. In a nutshell, it was one of those hot steamy afternoons in early July of last year when the miracle that changed my life began to happen. I was sitting contemplating my very uncertain future. I had been a practicing attorney in Las Cruces for over 30 years.

But now on that hot July day, it was all just a memory. What was uppermost was that 20 years earlier I had been diagnosed with Multiple Sclerosis-still one of the great remaining medical mysteries. With that condition my immune system is so over active that it tends to knock out many common infectious agents I may encounter. On the other hand, with MS my immune system is so active that it immediately knocks out any flu, virus or bug that I encounter. But for inexplicable reasons the immune system also can randomly attack the myelin sheath on nerves in the brain or the spinal cord. The attacks leave a scar (sclerosis) on the nerve that disrupts signals between the brain as a control center and the various bodily functions. People with MS have a variety of symptoms including diminished vision, lack of balance, double vision, heat intolerance, severe fatigue, vertigo, muscle pain, paralysis and of course serious emotional complications due to not only the symptoms, but the disease itself. We slur our speech, stumble, run into things and are suspected of being drunks or addicts. MS took my brother in 1999 and has crippled one of my sisters and compromised the life of my youngest sister.

I had managed to keep the disease under control--and under wraps--by wisely following my wife's advice on nutrition, exercise and a common sense approach to MS. Together we made trips to leading medical centers where I became a voluntary "guinea pig" for new medications. On top of that, I was tested, scanned, poked and prodded over and over again by some of the best neurologists and medical professionals studying the disease.

Finally despite all that, the symptoms were taking their toll, especially in the heat of the Mesilla Valley's long summers. I realized I could no longer continue as head of the law firm I had helped build over three decades and when my firm dissolved I joined another law firm on a part time basis to comply with my limited energy and "finish up" my days as a lawyer.

So on that hot July day I awaited my first client at my new office--never anticipating he would produce the miracle. That client was Dr. Vittal Pai whom I'd known for more than 20 years. I had not seen Dr. Pai in a couple of years and always enjoyed visiting with him. Dr. Pai, an ear nose and throat specialist is a brilliant doctor known as much for his philosophical approach to life and his quick thinking and wit, as he is for his substantial skills as a physician. Before sitting down in my office chair, Dr. Pai placed a card on my desk and said "before we talk business you must go see this doctor." I looked at the card and saw the name Dr. Jason Hao, Doctor of Oriental Medicine and Acupuncture.

After exchanging greetings I told Dr. Pai that I had been in University studies with the best neurologists in the world and other than steroids I was disqualified from all the medication that had been approved to combat MS. Those of you who know Dr. Pai, also know his serene smile. He looked at me and said "You must go see this doctor." He said "I cannot explain how this works. I can only tell you that I have seen the results." He told me about a patient with

Parkinson's disease who had incurable tremors that could not be controlled by medication. He told me that after treatments with Dr. Hao the tremors had gone away. He told me about another patient with mobility damage from a stroke, who seemed to have been miraculously cured with Dr. Hao's technique. I took Dr. Hao's card and the miracle began.

I have had twelve treatments with Dr. Hao at his clinic in Albuquerque, New Mexico. Dr. Hao practices a little known acupuncture technique called "scalp acupuncture". That's right; he puts needles in my head. Not only does he put needles in my head, but he spins these needles with his fingers between 200 and 400 times a minute. Dr. Hao told me that all of the nerves in the body can be accessed in the scalp and that the spinning of the needles clears the nerve pathways that have become broken and clogged. Dr. Hao also prescribed herbs for my worst problem, the heat intolerance. After these treatments all of my major symptoms of MS are gone. My left foot, which has been numb for 18 years, is no longer numb. The fatigue that has bedeviled me and the heat intolerance are gone! My vision has improved, my balance has returned and I have not had vertigo in some time. Every aspect of my life is better. I am working full time again, although Dr. Hao cautions me that MS is still my greatest enemy and that he has only relieved me of the symptoms brought on by the attacks. He cautions me to never use more than 70% of my energy in any 24 hour period, take the prescribed herbs, and follow basic nutritional guides.

My wife and I look at each other on a daily basis and expect for this dream to end. This dream about a Chinese doctor in Albuquerque that spins acupuncture needles in my head to make the symptoms of MS go away. But every day I feel better and my treatments with Dr. Hao are now on a monthly basis, rather than a weekly basis. My energy is back. Twenty years of

debilitating symptoms that compromised every aspect of my life reduced to a memory in six months!

Those who knew me before last July and see me now, at first just can't believe their own eyes. One of them – the medical journalist Margaret Markham – was so taken aback when we met a few months ago that she immediately wrote a letter about scalp acupuncture. That letter in the Sun News (9-18-10) was soon followed by one in the same paper (10-3-10) from Leroy Lozier, noting that Dr. Hao had been invited to Walter Reed to treat military veterans suffering from phantom limb pain. Soon a letter by Ana Lisa Moyer-Nelson also in the Sun News (11-14-10) described how scalp acupuncture relieved her long suffering from Parkinson's disease, as well as vertigo.

In view of those letters-which led to an unprecedented rash of inquiries to Dr. Hao—I cannot help but wonder: Why is this particular form of acupuncture still not embraced coast to coast? The treatments last about an hour and are relatively inexpensive and completely painless. For more information please go to www.scalpacumaster.com.